

April 2018 Open Gym Schedule

Open Gym times may change due to rentals.
 Please check with the Member Services for times. * Additional Charge for this class

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:30 -7:30am Open Gym	5:30 -7:30am Open Gym	5:30 -7:30am Open Gym	5:30 -7:30am Open Gym	5:30 -7:30am Open Gym	7:00am -11:30pm Open Gym	7:00am – 10:00am Open Gym
7:30-12:00 pm Open Gym	7:30-12:00 pm Open Gym	7:30-12:00 pm Open Gym	7:30-12:00 pm Open Gym	7:30-12:00 pm Open Gym	Open Gym/Child Drop in Program 11:30 – 2:00 pm	Rental 10:00 – 11:30am
12:00 – 1:00pm Group Fitness	12:00 – 1:00pm Group Fitness	12:00 – 1:00pm Group Fitness	12:00 – 1:00pm Group Fitness	12:00 – 1:00pm Group Fitness		Open Gym/Child Drop-In Program 11:30 – 3:00 pm
1:00 – 3:00pm Open Gym	1:00 – 3:00pm Drop-in Pickle Ball	1:00 – 3:00pm Open Gym	1:00 – 3:00pm Drop-in Pickle Ball	1:00 – 3:00pm Open Gym		
3:00 – 4:00pm Day Care	3:00 – 4:00pm Day Care	3:00 – 4:00pm Day Care	3:00 – 4:00pm Day Care	3:00 – 4:00pm Day Care	*Birthday Parties 2:00 – 4:00 pm *If booked. Check Reader Board	Kendo 3:00 – 5:00PM
		Open Gym 5:00 – 7:00pm	Open Gym 4:00 – 6:00pm	4:00 – 6:00pm Open Gym		
Strength & Conditioning Class 5:30 -6:30pm	Open Gym 4:00pm – 6:00pm	7:00 – 9:00pm Kendo	6:00 – 9:30pm Karate	6:00 – 930pm Drop-in Basketball		
Open Gym 7:00-8:30pm	Karate 6:00– 9:30pm	9:00 – 9:45 pm Open Gym	9:30 – 9:45 pm Open Gym		Open Gym 4:00 – 6:45 pm	Open Gym 5:00 – 6:45 pm
Rental 8:30 – 9:45 pm	Open Gym 9:30 – 9:45 pm					