



LIFTOFF

YMCA
STRONG
KIDS
CAMPAIGN

Deadlift competition & exhibition



Date: Sunday, June 24, 2018

Location: YMCA Saskatoon, 25 22nd Street E., Saskatoon, SK S7K 0C7

Age categories: Junior (16-24), Open (any age), Master I (40-49), Master II (50+)

Weigh-ins: Saturday, June 23 at 5-7 pm or Sunday, June 24: 8:00-8:45 am

Competition: Lifting begins at 9 am

Entry Fees: \$60 (Option to sponsor one of our youth lifters \$60).

Contact: Bobbi Janzen at: 306-652-6515 ext 224 or at: bobbi.janzen@ymcasaskatoon.org
Co-Host: Jesse Cann, Black Anvil Lifting Co.

Regulations: Weigh-in attire is to consist of no less than t-shirts and shorts. No straps etc. can be used during competition. Belts and long socks are mandatory. Each competitor will have three attempts. Remember, this is a fun event for charity.

- Competitor \$60
- Sponsor a lifter \$60 *(covers cost of event, not eligible for income tax receipt)*
- Strong Kids Donation _____ *(donations \$20+ receive income tax receipt)*

Total Enclosed: _____ Cheque Cash

Full Name: _____

Estimated Weight: _____ Age Category: _____

Gender Identification: Female Male

(if you have any questions or concerns about gender identity for the purposes of this competition, please contact organizer Bobbi Janzen)

Phone number: _____

Address: _____

City: _____ Prov. : _____ Postal Code: _____

T-shirt size: M L XL 2XL 3XL

WAIVER AND RELEASE OF LIABILITY

In consideration of entering and participating in the Liftoff for the Strong Kids Campaign (the "Competition") and any and all activities related to the Competition, the undersigned acknowledges and agrees that:

The risk of injury from the activities involved in the Competition is a possibility and while particular rules, equipment, coaching and personal discipline may reduce this risk; the risk of serious injury exists.

I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and I assume full responsibility for my participation.

I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such hazard immediately to the attention of the Competition organizers and facility staff.

I, FOR MYSELF AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, HEREBY RELEASE AND HOLD HARMLESS THE YMCA OF SASKATOON, COMPETITION ORGANIZERS, SUPPORT STAFF AND ORGANIZATIONS, STAFF AND VOLUNTEERS, THEIR RESPECTIVE OFFICERS, DIRECTORS, OFFICIALS, AGENTS AND/OR EMPLOYEES, OTHER PARTICIPANTS, SPONSORING AGENCIES, ADVERTISERS, AND, IF APPLICABLE, OWNERS AND LESSORS OF PREMISES USED TO HOST COMPETITION OR CONDUCT THE EVENT ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Date: _____

Printed Name: _____

Signature: _____

Printed Name of Parent/Guardian (if competitor under the age of 18): _____

Signature of Parent/Guardian (if competitor under the age of 18): _____

Witness Name Printed: _____

Witness Signature: _____

MEDIA CONSENT AND RELEASE FORM

I, _____, hereby consent to the collection and use of my personal images by photography or video recording without any compensation whatsoever. I acknowledge these may be used on, but not limited to, the YMCA of Saskatoon website, social media, in newsletters and publications as well as distributed to members. I further acknowledge that my image may be used by the YMCA of Saskatoon to promote the Strong Kids Campaign as well as sport and activity in the future. I understand that no personal information, such as names, will be used in any publications unless express consent is given. I also understand that my consent can be withdrawn at any time in writing to the YMCA of Saskatoon. I give this consent voluntarily.