



YMCA of  
Saskatoon

## An Update from us on COVID-19

At the YMCA of Saskatoon, we are following all of the Saskatchewan Health Authority Personal Safety Protocols, along with our own strict safety protocols. We have been rigorously keeping up with safety measures since we reopened. Even with high standards of caution, all of us can still come into contact with someone who does not even know they are positive.

**We want to make you aware of possible close contact with someone who was at the downtown YMCA and found out they were Covid positive. We are suggesting members who were either in the Men's Plus or Weight Room on Wednesday, February 3rd between 8 am - 3 pm and Friday, February 5th between 9 am - 11 am to self-monitor and if you have concerns to contact 811 for more guidance from the SHA.**

\*Close contact as defined by the SHA click [HERE](#)

\*Self Assessment Online Tool click [HERE](#)

As cases rise in our community now is a good time to do a friendly reminder: Here are some best practices we know are helpful to understand what processes we have for members, staff, volunteers and anyone who comes to a YMCA program or facility.

- **Everyone must attest daily to the following questions which are posted for members/visitors at the front entrance and Member Services Desk.**
  - Have I been diagnosed with or been in close contact with a confirmed case of COVID-10 in the past 14 days?
  - Have I travelled outside of Canada in the past 14 days?
  - Am I experiencing a new cough, shortness of breath, or sore throat?
  - Have I had a fever in the last 48 hours?

***If you answer YES to any of these questions, you may not enter the facility. By entering the facility you acknowledge that it is safe for you to do so.***

- **When at the Health & Fitness facility.** Scan in and take appropriate spray bottle (cleaner) and towel. Wipe down equipment **BEFORE** and **AFTER** use.
- **Wear your face Covering at ALL TIMES.** This includes entry into any indoor space and while exercising. The only exception is when showering or swimming, but the mask must be put back on once out of water. **Face covering should cover both your nose and mouth.**
- **Be Social - with distance!** Be mindful of the 6 foot/2 metre guidelines. Respect the space but please be social. Keep your face covering on over **both your nose and mouth.**
- **We Will Communicate!** The YMCA will proactively disclose any

CONFIRMED case and/or outbreak of COVID-19 directly associated with a program ***when we receive confirmation from one of our local public health services***. To protect privacy, we will not identify the individual that has tested positive for COVID-19.

- **Stay engaged with us on social media/website.** We will keep you posted on reminders of safety and how we are working together with you our members, staff, volunteers and our community to stay safe.

Should you have any questions, please reach out directly to Dean Dodge, CEO (306) 652-7515 ext.226 or email [Dean.Dodge@ymcasaskatoon.org](mailto:Dean.Dodge@ymcasaskatoon.org)

***Follow all Public Health Orders and Public Health Advice. Remember we are all responsible for taking care of each other. Let's each do our part to keep us all safe and the YMCA of Saskatoon open for our community.***

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